

# Family Fun and Learning at Home



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A collection of activities and resources for your child to enjoy as you work from home together.

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## Resources for You and Your Family

While this time of working from home is most definitely not “business as usual,” it does offer unique opportunities for family time and learning with our children. To that end, we’ve put together this tool kit to help parents support the educational and development needs of their school-aged children.

Our Resource Kit contains links to educational activities, from articles and virtual tours to mindfulness and a fun “time capsule” activity. We hope you’ll enjoy making the most of your time together as a core family ... until we can reunite as a work family once again.

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# Let's Take a Virtual Field Trip!



Chrome browser is recommended for the best experience on your tour.

## U.S. History Virtual Tours (Ages 8-12+)

<b>Ellis Island</b>	Embark on an interactive tour of Ellis Island by reading more about its history, looking at photos and listening to audio.	<a href="http://teacher.scholastic.com/activities/immigration/webcast.htm">http://teacher.scholastic.com/activities/immigration/webcast.htm</a>
<b>Liberty Bell</b>	Explore a 360-degree view of the Liberty Bell while engaging with and reading more about its history.	<a href="https://historyview.org/library/liberty-bell/">https://historyview.org/library/liberty-bell/</a>
<b>Mount Vernon</b>	Explore a 360-degree view of Mount Vernon while reading more about its history.	<a href="https://virtualtour.mountvernon.org/">https://virtualtour.mountvernon.org/</a>

## Travelers Tower Tour (All Ages)

<b>Travelers Tower</b>	Explore a 360-degree view of the Travelers Tower in Hartford, Connecticut.	<a href="https://www.youtube.com/watch?v=S9ppTzF5TVk">https://www.youtube.com/watch?v=S9ppTzF5TVk</a>
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## Museum Virtual Tours (12-13+)

<b>Smithsonian</b>	Take a self-guided, room-by-room tour of the Smithsonian, National Museum of Natural History.	<a href="https://naturalhistory.si.edu/visit/virtual-tour">https://naturalhistory.si.edu/visit/virtual-tour</a>
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## Virtual Tours of Space (Ages 8-12+)

<b>International Space Station</b>	Watch a few videos for a tour of the International Space Station.	<a href="https://www.nasa.gov/mission_pages/station/main/suni_iss_tour.html">https://www.nasa.gov/mission_pages/station/main/suni_iss_tour.html</a>
<b>Explore Mars</b>	Explore the surface of Mars on NASA's Curiosity rover.	<a href="https://accessmars.withgoogle.com/">https://accessmars.withgoogle.com/</a>
<b>Space Shuttle Discovery</b>	Step aboard the Space Shuttle Discovery with Google's 360-degree view.	<a href="https://www.cnet.com/news/step-aboard-the-space-shuttle-discovery-with-googles-8k-virtual-tour/">https://www.cnet.com/news/step-aboard-the-space-shuttle-discovery-with-googles-8k-virtual-tour/</a>

## Live Cameras From Zoos and Aquariums (All Ages)

<b>San Diego Zoo</b>	Check out different live views of animals at the San Diego Zoo.	<a href="https://zoo.sandiegozoo.org/live-cams">https://zoo.sandiegozoo.org/live-cams</a>
<b>Monterey Bay Aquarium</b>	Take a peek at 10 different live views at the Monterey Bay Aquarium.	<a href="https://www.montereybayaquarium.org/animals/live-cams">https://www.montereybayaquarium.org/animals/live-cams</a>
<b>Zoo Atlanta</b>	Check out the Panda Cam at Zoo Atlanta.	<a href="https://zooatlanta.org/panda-cam/">https://zooatlanta.org/panda-cam/</a>
<b>Houston Zoo</b>	Explore seven different live views at the Houston Zoo.	<a href="https://www.houstonzoo.org/explore/webcams/">https://www.houstonzoo.org/explore/webcams/</a>
<b>Georgia Aquarium</b>	Check out the jellyfish, beluga whales and more at the Georgia Aquarium.	<a href="https://www.georgiaaquarium.org/webcam/beluga-whale-webcam/">https://www.georgiaaquarium.org/webcam/beluga-whale-webcam/</a>

Find more tours and activities at <https://virtualschoolactivities.com/>



# My Virtual Field Trip Log



Name \_\_\_\_\_

Date \_\_\_\_\_

Today I took a field trip to \_\_\_\_\_

Description \_\_\_\_\_

I would give this trip \_\_\_/5 stars \_\_\_\_\_



\_\_\_\_\_

\_\_\_\_\_

What I learned...

1.

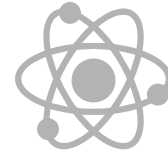
2.

3.

Draw your favorite part



# Let's Talk Science



## Science (Ages 4+)

<b>Mystery Science</b>	Watch videos based on questions submitted by children. Learn who invented pizza or why polar bears are white. Videos range from five to 45 minutes.	<a href="https://mysteryscience.com/school-closure-planning">https://mysteryscience.com/school-closure-planning</a>
<b>Generation Genius</b>	Join the Dancing Scientist and gang as they learn about science. The videos in this digital library are geared toward grades K-5. Each video comes with a breakdown of lesson materials to take the learning to the next level.	<a href="https://www.generationgenius.com/science-videos-for-kids/">https://www.generationgenius.com/science-videos-for-kids/</a>
<b>Science Bob</b>	Roll up your sleeves for science experiments you can do as a family. Each experiment takes you through the materials needed, how to conduct the experiment and the science behind it.	<a href="https://sciencebob.com/">https://sciencebob.com/</a>
<b>E-learning for Kids</b>	Self-described as a “free and fun digital education for all children worldwide,” this is a great source of independent learning through interactive prompts. Activities are grouped by grade level (K-6) and cover the following: <ul style="list-style-type: none"> <li>• Math</li> <li>• Science</li> <li>• Environmental Skills</li> <li>• Computer Skills</li> <li>• Health</li> <li>• Language Arts</li> <li>• Life Skills</li> </ul>	<a href="https://en.e-learningforkids.org/">https://en.e-learningforkids.org/</a>



# Let's Be Creative



## Art Lessons (Ages 5+)

<b>Online Art Classes</b>	Brush up on your art skills with these YouTube-guided painting, drawing and clay activities.	<a href="https://www.youtube.com/channel/UC2nzX48Ucr1MIepg0fCOJ6A/videos?disable_polymer=1">https://www.youtube.com/channel/UC2nzX48Ucr1MIepg0fCOJ6A/videos?disable_polymer=1</a>
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## Music and Mindfulness (All Ages)

<b>Music and Mindfulness</b>	Let loose with online dance parties and yoga classes. Note: Must use Google Chrome	<a href="https://www.gonoodle.com/good-energy-at-home-kids-games-and-videos/">https://www.gonoodle.com/good-energy-at-home-kids-games-and-videos/</a>
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# Reading



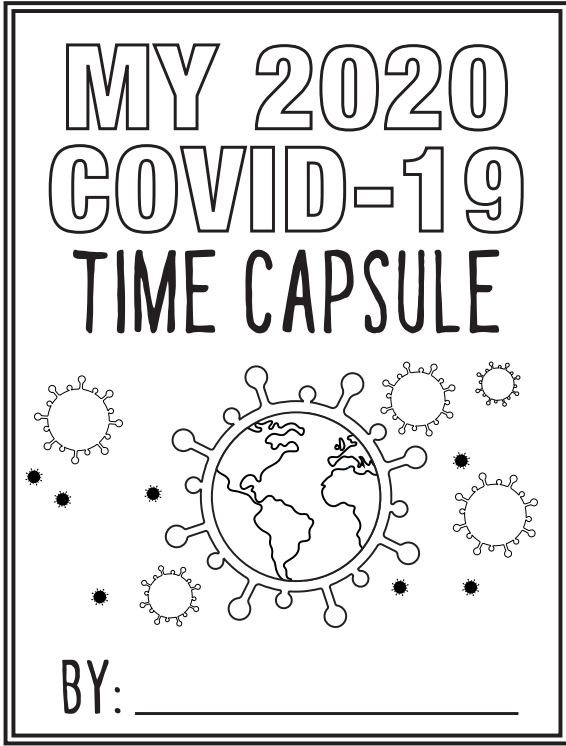
## Ages 2-5

<b>Brightly Storytime</b>	Join Ms. Linda to read popular children's books. Videos range from five to 40 minutes of reading.	<a href="https://www.youtube.com/channel/UCvQa-gFNHMrGgQpYunk4rHXg/featured">https://www.youtube.com/channel/UCvQa-gFNHMrGgQpYunk4rHXg/featured</a>
<b>Story Time from Space</b>	Join astronauts onboard the International Space Station to read space-themed books. Videos range from nine to 20 minutes of reading.	<a href="https://storytimefromspace.com/library">https://storytimefromspace.com/library</a>
<b>StoryPlace</b>	Follow along with these fun activity guides/books.	<a href="https://www.storyplace.org/activity-library">https://www.storyplace.org/activity-library</a>
<b>Oxford Owl</b>	Find free eBooks in this library because who doesn't like free stuff?	<a href="https://www.oxfordowl.co.uk/for-home/find-a-book/library-page/">https://www.oxfordowl.co.uk/for-home/find-a-book/library-page/</a>
<b>Epic!</b>	Enjoy this large digital library with free access for 30 days.	<a href="https://www.getepic.com/">https://www.getepic.com/</a>

## Ages 6-11

<b>Storyline Online</b>	Join celebrities as they read famous children's books to you. You can download the app for a better experience.	<a href="https://www.storylineonline.net/">https://www.storylineonline.net/</a>
<b>Oxford Owl</b>	Enjoy free eBooks in this library.	<a href="https://www.oxfordowl.co.uk/for-home/find-a-book/library-page/">https://www.oxfordowl.co.uk/for-home/find-a-book/library-page/</a>
<b>Epic!</b>	Enjoy this large digital library with free access for 30 days.	<a href="https://www.getepic.com/">https://www.getepic.com/</a>
<b>Travelers' History</b>	Learn about Travelers' 100-year history.	<a href="https://www.travelers.com/about-travelers/travelers-history/travelers-tower-anniversary">https://www.travelers.com/about-travelers/travelers-history/travelers-tower-anniversary</a>

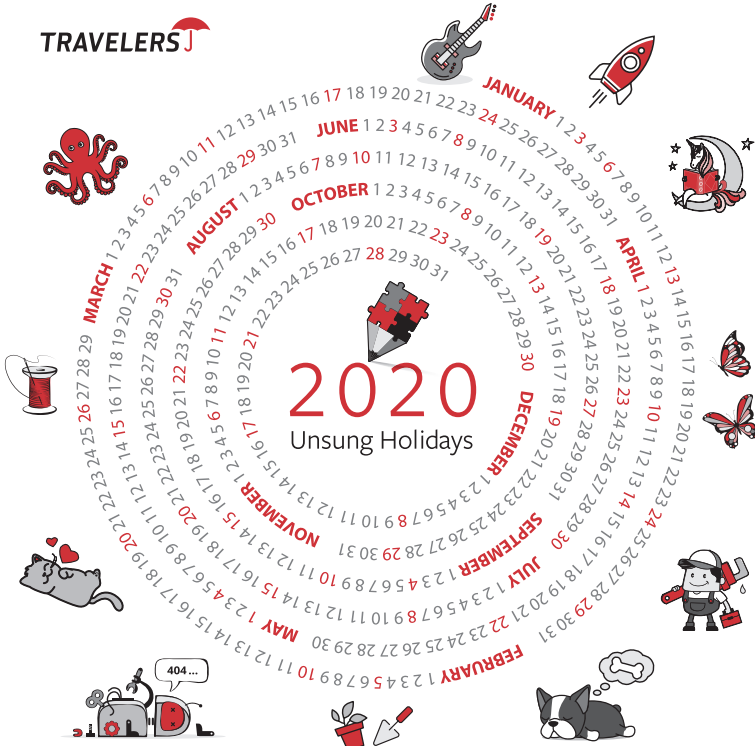
# A Good Time to Journal



A free download of the “My 2020 COVID-19 Time Capsule” is available at: <https://s3.letsembark.ca/long-creations/2020-COVID-19-Time-Capsule-EN-US.pdf>

If you have a home computer and printer, you can download this printable, kid-friendly journal for your child to record how they are feeling, what’s happening at home and in their communities. It contains 11 pages of activities, including an exercise to write a letter to their future selves.

# Unsung Holidays Calendar



Did you know that July 15 is I Love Horses Day? How about Elephant Appreciation Day on Sept. 22? Your child can learn more about less-famous holidays through this fun Travelers calendar that contains information, activities and puzzles. This calendar is available thanks to BI Marketing. If you have a home computer and a printer, you can download it from this [link](#), send it to your personal email and print it out (note: it is 35 pages).

# A Good Time to Draw and Write

**Draw a picture of your mom or dad's work-at-home setup**



**Draw a picture of your mom or dad's new co-workers (make sure to include yourself, siblings, pets and anyone else!)**



Drawing is a good way for your children to express and learn. You may want to consider having them draw a picture of your work-at-home setup and your new “work team” that can include you, your family, even the family pet.

You can even have them fill in the blanks to questions, like these writing prompts:

1. My mom or dad is a: [job role]
2. What is the best part of their job?
3. Would you like to do this job? (Why or why not?)
4. How does their job help the community?
5. What do you want to be when you grow up?
6. What do you love doing that makes you feel happiest?
7. What do you know how to do that you can teach to others?
8. Of all the things you are learning in school, what do you think will be the most useful when you grow up?
9. What are you most grateful for?
10. How can you help someone else today?







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